

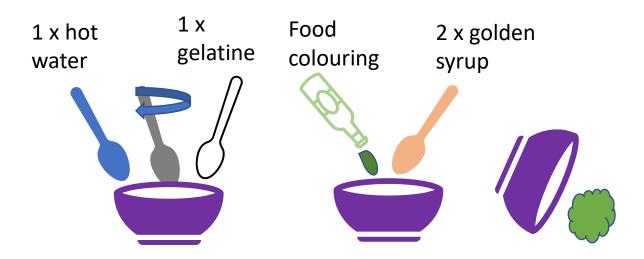
Snots it

What you need:

- Small bowl or cup
- Gelatine sheet or powder
- Hot water
- Golden syrup
- Food colouring

What you do:

- Put your bowl on a level surface and add 1 tbsp of hot water. Add 1 tbsp of gelatine powder (or 2 sheets of gelatine) and stir quickly until it all dissolves.
- Add a drop or two of food colouring (green or yellow is good).
- Add 2 tbsp of golden syrup and mix until it goes string like snot!
- Take a small amount of your snot and experiment to see what it will stick to.
- Keep any remaining snot in the fridge or you might find something growing on it!



The Science

Snot is also called mucus. It is made by our body and lines our nose. Mucus catches dirt and germs which are in the air we breathe to prevent them from getting into our lungs. Proteins in mucus can also kill and disable germs stopping us from getting infections. Once our mucus has trapped the dirt and germs, we need to get it out of our body. This why we cough or sneeze!