

Useful Websites



University of the
Highlands and Islands
Oilthigh na Gàidhealtachd
agus nan Eilean

Careers and
Employability Centre
Ionad Dhreuchdan agus
Freagarrachd airson Cosnadh



www.uhi.ac.uk/careers

‘I don’t know what I want to do....’

UHI Careers and Employability Advice sheets: ‘What Jobs Would Suit Me?’ ‘Career Planning’ and ‘Researching Careers’, available on www.uhi.ac.uk/careers (in the ‘Resources’ section)

‘Career matching’ quizzes:

My Prospects Planner:

www.prospects.ac.uk - go to ‘log in to my prospects’ and then ‘Career Planner’

Skills Development Scotland’s ‘My DNA’ Tool:

www.myworldofwork.co.uk

The ‘Buzz Test’:

<http://icould.com/buzz/>

Skills and Values tools

Windmills online: interactive exercises to identify skills and values

www.windmillsonline.co.uk/interactive/

Skills Development Scotland’s ‘My Strengths’ tool:

www.myworldofwork.co.uk

‘How do I become....?’

Database of careers and training routes:

Prospects database: www.prospects.ac.uk (go to ‘Types of Jobs’)

Skills Development Scotland database: www.myworldofwork.co.uk (go to ‘Careers A-Z’)

Recordings of UHI Careers and Employability Centre workshops on entry to teaching, careers in social services, and in the creative industries are available on www.uhi.ac.uk/careers (go to the ‘Workshops’ section)



www.uhi.ac.uk/careers

‘What can I do with my qualification....?’

UHI Careers and Employability Advice sheets: ‘Options after a degree’, ‘Options after an HNC/D’ ‘Options after a Postgraduate Award’, available on www.uhi.ac.uk/careers (in the ‘Resources’ section)

Recording of the UHI Careers and Employability Centre workshop on ‘options after a degree’ is available on www.uhi.ac.uk/careers (go to the ‘Workshops’ section)

Information and case studies of UHI graduates listed by subject of study on the UHI Careers and Employability Centre website: www.uhi.ac.uk/careers (go to the ‘options after graduation’ pages)

List of degree subjects and options after graduation from Prospects:
www.prospects.ac.uk/options_with_your_subject.htm

‘Where can I find a job?’

UHI Careers and Employability Advice sheets: ‘Job Searching’ and ‘Networking’, available on www.uhi.ac.uk/careers (in the ‘Resources’ section)

UHI Careers and Employability Centre jobs database: <http://unhi.prospects.ac.uk>

Prospects jobs database: www.prospects.ac.uk/graduate_job_search.htm

Local jobs are generally advertised in local papers. Adverts may also be found on: www.indeed.co.uk
www.s1jobs.com, www.jobs-north.co.uk and www.gov.uk/jobsearch.

Connect with people and search for jobs on: www.linkedin.com

Trade or specialist magazines (look up the job title in the database of jobs on the Prospects or Skills Development Scotland websites to find the names of specialist journals or websites that advertise jobs)

‘Like’ the Facebook pages of the UHI Careers and Employability Centre, and internship providers, including TalentScotland, Adopt an Intern and Third Sector Internships Scotland.



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‘How can I improve my employment prospects?’

UHI Careers and Employability Advice sheets: ‘What Employers Want’, available on www.uhi.ac.uk/careers (in the ‘Resources’ section)

Recording of the UHI Careers and Employability Centre workshop on ‘What Employers Want’ is available on www.uhi.ac.uk/careers (go to the ‘Workshops’ section)

‘Where can I get help with a CV / Application form?’

UHI Careers and Employability Advice sheets: ‘CVs’ and ‘Application Forms’, available on www.uhi.ac.uk/careers (in the ‘Resources’ section)

Recording of the UHI Careers and Employability Centre workshop on ‘CVs and Application Forms’ is available on www.uhi.ac.uk/careers (go to the ‘Workshops’ section)

Application forms and CVs can be submitted via the e-guidance system for help from a Careers Guidance professional who will offer feedback: www.uhi.ac.uk/careers (go to ‘speak to an adviser’)

CV & Application form tips:

www.prospects.ac.uk

www.uhi.ac.uk/careers

www.alec.co.uk

‘Where can I get help with Interviews?’

UHI Careers and Employability Advice sheet: ‘Interviews’, available on www.uhi.ac.uk/careers (in the ‘Resources’ section)

Recording of the UHI Careers and Employability Centre workshop on ‘Interviews’ is available on www.uhi.ac.uk/careers (go to the ‘Workshops’ section)

Mock interviews (over the telephone) with feedback are available from the UHI Careers and Employability Centre: www.uhi.ac.uk/careers (go to ‘speak to an adviser’)

Interview tips are available from prospects: http://www.prospects.ac.uk/interview_tips.htm



www.uhi.ac.uk/careers

‘How do I set up my own business?’

The Scottish Institute for Enterprise offers information and advice to higher education students on enterprise and self-employment: www.sie.ac.uk

Business Gateway offers advice on business start-up and development (local offices across Scotland): www.bgateway.com

Information on Prospects: www.prospects.ac.uk/self_employment.htm

Information from the CREATE centre (Inverness College): <http://www.createhighland.com/>

‘How do I find out about work experience?’

UHI Careers and Employability Advice sheet: ‘Work Experience’, available on www.uhi.ac.uk/careers (in the ‘Resources’ section)

Recording of the UHI Careers and Employability Centre workshop on ‘Making the most of your Summer’ is available on www.uhi.ac.uk/careers (go to the ‘Workshops’ section)

Volunteer Scotland has a database of Voluntary jobs: www.volunteerscotland.org.uk

‘Where can I find opportunities abroad?’

Country profiles on Prospects: www.prospects.ac.uk/country_profiles.htm

Gap year information on Prospects: www.prospects.ac.uk/gap_year.htm

Further Help and Resources

Information on a full range of careers and employability topics can be found on the UHI Careers and Employability Centre website: www.uhi.ac.uk/careers. You can also follow the centre on Facebook: www.facebook.com/UHICareers, and on Twitter: twitter.com/UHICareers

Free confidential advice is available to all UHI students on an HNC course or above via telephone, videoconference or email. Contact our advisers by clicking on ‘speak to an adviser’ on our website. This service is also available to graduates within two years of graduating from an HNC course or higher.