Cyber Byte

January 2026.

Cyber security awareness can, for many, be a barrier to improving their confidence operating online. Quite often this is associated with cyber security being thought of as too technical and this results in people ignoring the benefits of being cyber secure.

Lead Scotland is a partner within the wider Cyber Scotland Partnership within which there is a collaborative focus on improving cyber awareness and resilience across Scotland.

Cyber resilience encompasses a nationwide issue where we want all our communities to be empowered and feel confident navigating the online world, but also within that, our people being able to identify and detect a cyber threat or scam.

Recognising cyber risks, is also a key function and being well prepared manage them and being able to respond and know what to do in such a situation empowers confidence.

Our partner, Lead Scotland, has created several fantastic resources to support disabled young people, adults and carers improve their digital skills.

The courses range from, what to do if affected by a cyber breach, how to use online banking safely, information literacy and how to use AI safely.

These, plus other courses, are free to access at My Lead - Homepage | Lead Scotland

You can also check your digital health at Digital.Lead where you complete a series of checklists and this lets you know what you are doing well and areas where you can improve.

We want our people to thrive in the online world and be able to adapt to emerging challenges that threat actors will use and continue to attack us with.

Improving awareness, supports confidence and empowers us to operate online safely with the knowledge to identify, detect, respond and recover from a cyber incident.

If you have been a victim of crime, and it is not an ongoing emergency, you can report this to Police Scotland on 101.